

2025 IMPACT SUMMARY



FOOD IS MEDICINE™
— COALITION —

Shaping Sustainability: From Vision to Practice

FIMC is the national convening coalition for nonprofit medically tailored meal and medically tailored grocery providers. We advance access to these life-saving interventions through service, policy change, research and evaluation, and best practices.

**Served
21,400,000+**

meals or meal-equivalents across MTM, MTG and Produce RX programs

34,100+

Individual nutritional counseling sessions

62,000+

Individuals served through Food is Medicine Coalition agencies

18,000+

Dependents and caregivers received medically tailored nutrition

14,400,000+

Medically Tailored Meals delivered

4,400,000+

Meal-equivalents via Medically Tailored Groceries

2,600,000+

Meal-equivalents via Produce Prescriptions

55,200+

Primary clients received Medically Tailored Meals

21,700+

Primary clients received Medically Tailored Groceries

7,900+

Primary clients received Produce Prescriptions

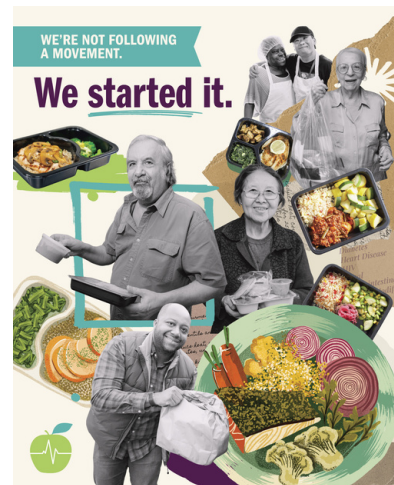
+60%

Percentage of organizations that responded to a survey that offer job training programs

30

New research studies currently in progress at FIMC agencies across the country

Presence in the USA Today 'Food is Medicine' Special Edition



FIMC PROGRAMS

Accreditation

Continued implementation and conducted a revision of the first-ever fieldwide MTM Standard

Began the process of MTG Standard development

Accredited 4 Agencies, Bringing Total to 13 Agencies



2024



Lifelong.



2025

Membership

Added 7 New Member Agencies, Bringing Total to 37 Agencies

Launched specific Medically Tailored Grocery membership category

30+

Technical Assistance and Capacity Building Sessions

37

Non-Profit Member Organizations

200+

Members Participated in FIMC National Symposium

400+

Members Participated in our Working Committees and Communities of Practice

Accelerator

Accelerated 5 Agencies, Bringing Total to 22 Agencies

Cohort 5 Graduated:



FIMC INITIATIVES

Health For All

Engaged **Data for Social Impact (DSI)** experts to develop a measurement plan to track FIMC member agencies' progress toward our community-defined health equity goals. The DSI team facilitated focus groups and learning sessions and produced an initial, community-informed plan. FIMC then brought in an implementation science team from the **Center for Nutrition and Health Impact** to assess the plan, identify shared metrics for all agencies, and create an implementation strategy.



The Medically Tailored Meal Sustainability Blueprint

DRAFT FOR PUBLIC COMMENT



- The bipartisan & bicameral **MTM Program Pilot Act was reintroduced**
- Released a draft of the **MTM Sustainability Blueprint** for public comment, which will help chart a course towards potential coverage for MTM in Medicaid over time
- Hosted our **Policy Convening in D.C.** joining FIM Hill Day to advance policy priorities
- Sponsored **joint appropriations requests** with FIM organizations to focus the field
- Submitted **public comments** to CMS CY26 Physician Fee Schedule RFI, Medicare Advantage RFI, Medicare IPPS - Screening for Social Determinants RFI and Medicare Notice of Proposed Rule Making, among others

Public Policy

Building Capacity

- Hosted the **FIMC National Symposium** with over **200 attendees** and **13 sessions**
- Two member agencies awarded the **Strategic Relationship Capacity Building Project**: in-depth technical assistance and capacity building
- Two agencies received **Policy Landscape Memos with CHLPI**
- Facilitated six **Bi-Monthly State Policy Working Group** facilitated by CHLPI
- Hosted 15+ learning modules as part of the **FIMC Technical Assistance Series**
- Formally launched activities with the **Veterans Health Administration**, connecting food insecure Veterans with medically tailored nutrition



Thank you to our incredible friends, partners, and coalition agencies for all you've done in 2025 to expand access to critical nutrition services and medically tailored meals and groceries. Your dedication has helped thousands of people facing serious illness find strength, comfort, and care when they need it most. Because of your leadership and compassion, healthier communities are not just possible—they're being built every day. We are deeply grateful for you.

ALISSA WASSUNG
FIMC EXECUTIVE DIRECTOR

- **500+ Colleagues** from the field participated in FIMC Quarterly Meetings
- Redesigned and launched a **new National Survey** for member agencies
- Staff and members **presented on research, policy and best practices at multiple national conferences**
- **30 research studies in process across the country through FIMC agencies**
- **3 published Randomized Controlled Trials with FIMC agencies** studying impact of MTM intervention
- Began **cross-agency evaluation study** of MTM delivery for Veterans

Research & Leading the Field

SUPPORTERS

We are grateful that these generous funders support our purpose and programs:

Learn more at:
FIMCOALITION.ORG

