

2024 NATIONAL SURVEY RESULTS

COALITION-WIDE IMPACT

21,400,000+

Meals or meal-equivalents provided across MTM, MTG and Produce RX programs by 26 organizations

62,000+

Individuals served through Food is Medicine Coalition agencies

18,000+

Dependents and caregivers received medically tailored nutrition



MEDICALLY TAILORED MEALS

14.4M

Medically Tailored Meals delivered

55.2K+

Primary clients received Medically Tailored Meals



MEDICALLY TAILORED GROCERIES

4.4M

Meal-equivalents via Medically Tailored Groceries

21.7K

Primary clients received Medically Tailored Groceries



PRODUCE PRESCRIPTIONS

2.6M

Meal-equivalents via Produce Prescriptions

7.9K

Primary clients received Produce Prescriptions

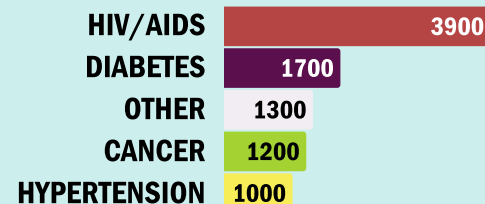
PRIMARY MEDICAL DIAGNOSES FOR CLIENTS

TOP FIVE MOST COMMON DIAGNOSES PER SERVICE CATEGORY:

MEDICALLY TAILORED MEALS CLIENTS



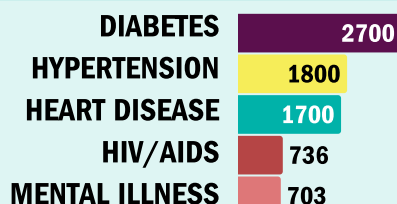
MEDICALLY TAILORED GROCERIES CLIENTS



OTHER MEDICAL DIAGNOSES INCLUDE:

- Kidney Disease or ESRD
- Mental Illness (i.e., Depression, PTSD)
- Lung Disease (i.e., COPD)
- Neuro-Degenerative Disease
- Stroke
- Pregnancy - High Risk and Not-High Risk

PRODUCE PRESCRIPTION CLIENTS



RESEARCH



29 New Studies Currently in Progress at FIMC Agencies Across the Country

Published Research Studies in 2024:

- 1 Health outcomes reported by healthcare providers and clients of a community-based medically tailored meal program (*BMC Nutrition*, **MANNA**)
- 2 The nutritional impact of 7 versus 21 home-delivered medically tailored meals in patients with heart failure and malnutrition risk: a random order crossover feeding trial (*BMC Nutrition*, **MEDIMEALS**, **MANNA**)
- 3 Impact of Medically Tailored Meals on Clinical Outcomes Among Low-Income Adults with Type 2 Diabetes: A Pilot Randomized Trial (*Journal of General Internal Medicine*, **Moveable Feast**)
- 4 Healthy Pregnancy Home-Delivered Meals Pilot Program (*Wilder Research*, **Open Arms Minnesota**)
- 5 Food Is Medicine for Human Immunodeficiency Virus: Improved Health and Hospitalizations in the Changing Health Through Food Support (CHEFS-HIV) Pragmatic Randomized Trial (*Journal of Infectious Diseases*, **Project Open Hand**)

NUTRITION

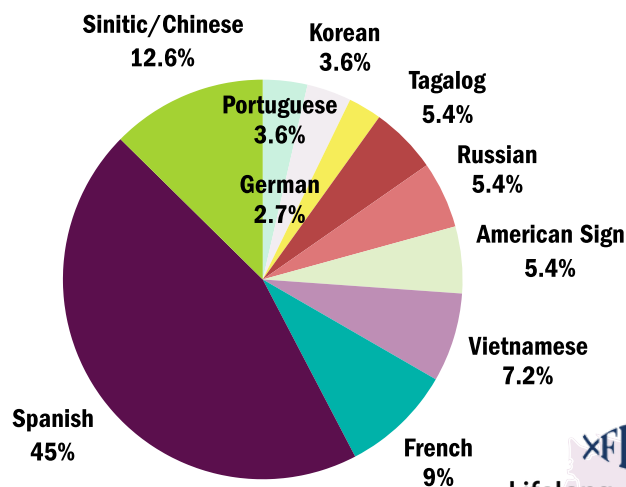
PROGRAMS OFFER NUTRITION EDUCATION AND COUNSELING IN ADDITION TO ASSESSMENTS

34,122
INDIVIDUAL NUTRITIONAL COUNSELING SESSIONS

3,241
GROUP NUTRITIONAL COUNSELING SESSIONS

212
NUTRITION STAFF INCLUDING REGISTERED DIETITIAN NUTRITIONISTS (RDNS)

ACCESSIBILITY



Language Availability

In addition to English, FIMC agencies are able to offer services in these languages:

OTHER LANGUAGES INCLUDE:

Amharic, Bahasa, Bengali, Bosnian, Bulgarian, Burmese, Cambodian, Dari, Farsi, Fulani, Hmong, Italian, Japanese, Korean, Kinyarwanda, Lao, Marshallese, Nepali, Pashto, Rohingya, Sango, Simplified Chinese, Somali, Swahili, Thai, Tongan, Ukrainian

WORKFORCE PROGRAMS

More than 60 percent of organizations who responded to this survey offer job training programs.

