

2023 NATIONAL SURVEY RESULTS

COALITION-WIDE IMPACT

18,900,000+ 9,000,000+

Meals or meal-equivalents provided across MTM, MTG and Produce RX programs by 28 organizations

Additional non- tailored nutrition units provided

64,000+

Individuals served through Food is Medicine Coalition agencies

7,400+

Dependents and caregivers received medically tailored nutrition



MEDICALLY TAILORED MEALS

15.1M

Medically Tailored Meals delivered



MEDICALLY TAILORED GROCERIES

1.6M

Meal-equivalents via Medically Tailored Groceries



PRODUCE PRESCRIPTIONS

2.3M

Meal-equivalents via Produce Prescriptions

58.5K+

Primary clients received Medically Tailored Meals

9.6K+

Primary clients received Medically Tailored Groceries

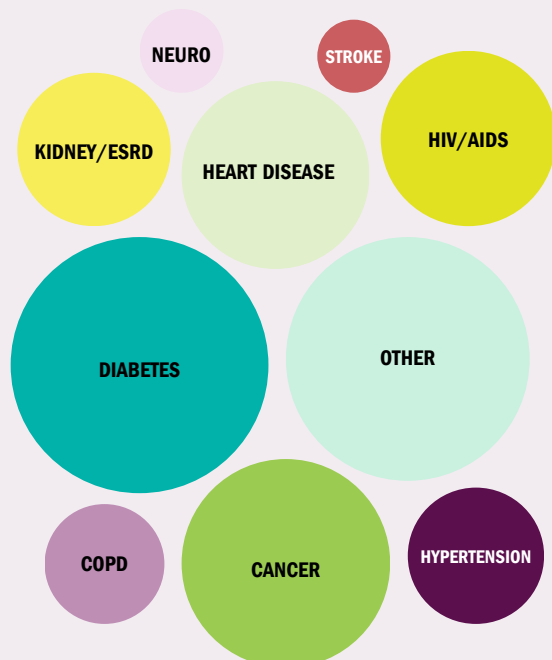
9.1K+

Primary clients received Produce Prescriptions

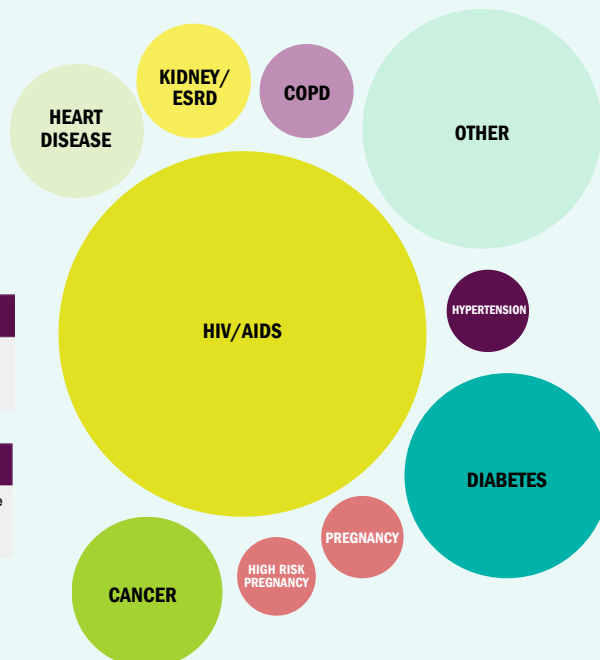
PRIMARY DIAGNOSIS FOR PRIMARY CLIENTS



MEDICALLY TAILORED MEALS CLIENTS



MEDICALLY TAILORED GROCERIES CLIENTS



MTM Clients w/ Co-Diagnosis

18.4% Heart Disease

17.9% Diabetes

MTG Clients w/ Co-Diagnosis

26.55% Heart Disease

32.67% Diabetes

Published Research Studies in 2022-23:

- 1 Comparing two durations of medically tailored meals post hospitalization: A randomized clinical trial. (*Society of Hospital Medicine*, **Project Angel Heart**)
- 2 Participant perspectives on the impact of receiving medically tailored meals on post-hospitalization (*Public Health Nursing*, **Project Angel Heart**)
- 3 Five-a-Day: Medically Tailored Meal Program Supports Intake of Recommended Fruit and Vegetable Servings (*Journal of Nutrition Education and Behavior*, **MANNA**)
- 4 Patient-Important Needs and Goals Related to Nutrition Interventions during Cancer Treatment (*Nutrition and Cancer*, **MANNA**)
- 5 Effect of Medically Tailored Meals on Clinical Outcomes in Recently Hospitalized High-Risk Adults (*Med Care*, **Ceres Community Project**)

ACCESSIBILITY

Language Diversity

FIMC agencies are able to offer services in these languages:



Other languages include: Hmong, Dari, Japanese, Kinyarwanda, Lao, Marshallese, Nepali, Amharic, Bahasa, Bengali, Cambodian, Fulani, Italian, Pashto, Rohingya, Sango, Thai, Ukrainian, and Karen

HEALTH EQUITY

Culturally Competent Programming:

- Ensuring groceries and meals reflect a diverse range of cultural preferences
- Providing menus, recipes and other information in various languages
- Communicating with non-english speakers via bilingual staff and interpretation services
- Prioritizing hiring staff who are representative of client population
- Developing population-specific programs

RESEARCH

17

Member organizations with academic partnerships

27.5

Dedicated research staff members across the country

34

Academic partners across FIMC membership

18

Studies currently in progress

SUSTAINABILITY

Aggregated qualitative responses on progress

Local and/or sustainable procurement



Using recyclable, reusable and/or compostable materials



Minimizing food waste or obtaining food via food rescue



Solar and/or electric vehicle and infrastructure upgrades



Increasing delivery route efficiency



Reducing water usage and/or carbon footprint



WORKFORCE PROGRAMS

Fifty percent of organizations offer job training programs.

